

The Reverend Laura “Lo” Cook
Candidate for election to the Diocesan Board,
Clerical Order

Rev. Lo Cook currently serves as Associate Rector at All Saints Winter Park. She was born and raised in the Diocese of Central Florida and from a young age had the opportunity to learn, grow, and serve in the Diocese. As a youth she served in a variety of ways, becoming one of the youngest Lay Eucharist Ministers in the Diocese of Central Florida as well as being one of the youngest alternate delegates at the Annual Diocesan Convention.

She holds a bachelor’s degree and a Master’s in Education from the University of Florida. Lo taught for several years before her experiences stirred a desire to work in the non-profit world abroad. She moved and worked for two non-profits in Lira, Uganda. It was during this time that she began to recognize that God was calling her to the priesthood.

Lo holds a Master of Divinity from Wycliffe College at the University of Toronto where she served as Vice President of Community as well as Senior Class President. These roles, especially during the COVID pandemic, gave her unique experiences and a perspective on bringing a community together.

Since her ordination to the Priesthood, she has helped facilitate Deanery gatherings in the Diocese, joined the hospitality team for many of the ordinations, worked to help at various conventions, helped to facilitate the Mockingbird Conference at All Saints, worked collaboratively to plan, and direct the Grounded Youth Conference, as well as attended many events to get to know the clergy and people of our churches. She would welcome the opportunity to serve on the Diocesan Board.