



Medical and Psychological Examination Information Diocese of Central Florida

An integral part of each Ordination Process is the canonically mandated Medical Examination and Psychological Evaluation. These are normally scheduled after an aspirant has completed the parish discernment portion of his/her Discernment Process (or is in the process of completing that step, but the medical and psychological examinations may be scheduled sooner at the choice of the aspirant). These evaluations must be satisfactorily completed before the Commission on Ministry can make a recommendation to the Bishop concerning Postulancy (or ordination). The cost of the medical examination is borne by the aspirant or by his/her insurance and the cost of the psychological evaluation (which includes both testing and screening) is borne by the aspirant. Some congregations pay all or part of these expenses. The aspirant is responsible for making his/her own appointments.

Medical Examination

The medical examination is arranged by the aspirant with his/her own physician, using the prescribed form.

Psychological Evaluation

If you will be completing testing in the Central Florida area, the exam and evaluation consists of two steps:

1) Psychological Testing

In most circumstances, the evaluation process includes psychological testing at the cost of \$200. Completion of the testing portion of the evaluation process will be done at the office of either Dr. Ana Gómez or Dr. John Robertson (contact information included below) prior to the screening portion of the evaluation process. Psychological testing will usually be completed within 2 to 2 ½ hours.

2) Psychological Screening

The screening portion of the evaluation process will be conducted by Dr. Ana Gómez *if the psychological testing is done at her office; or by Dr. John Robertson, Ph.D. if the psychological testing is done at his office;* the screening portion of the evaluation process will be conducted by a single interview and is usually satisfactory to complete the evaluation process. The cost of the psychological evaluation and screening is \$450. The total cost for psychological testing, initial screening interview and evaluation report is \$650. The screening interview will require approximately two hours and must be scheduled after the psychological testing, allowing sufficient time (approximately ten business days) for processing of the test results. If the aspirant is married, it is expected that the spouse also will attend the screening interview.

Individual situations vary and, at the discretion of the screening psychologist, additional testing may be requested and an additional interview with a second psychologist may be required. The psychologist will inform the aspirant if additional testing is needed and/or an additional evaluation interview is required. The cost of a second interview, if required, is \$400. The costs for any additional testing and a second interview will be borne by the aspirant

Contact information for psychological testing and screening within the diocese:

Arrangements for testing and interview appointments may be made by contacting:

Ana L. Gómez, Psy. D.
235 S. Maitland Avenue
Suite #213
Maitland, Florida 32751
(407) 927-8154
www.DrAnaGomez.com

OR

Robertson and Associates Psychological Services
4019 Clarcona Ocoee Road
Orlando, Florida 32810-4270
(407) 297-1185 or
(407) 901-2239
www.rapsych.com

Payment for Testing and Screening must be made in full prior to reports being sent to the Diocesan Office. Payment arrangements can be made through the psychologists' offices.

Enclosed you will find:

1. Behavior Screening Questionnaire

Prior to your appointment for psychological testing and psychiatric evaluation this form is to be completed by the aspirant and a copy returned to:

- The psychologist with whom the aspirant has scheduled their evaluation
- The Diocesan Office to be included in the confidential portion of your discernment file

2. Life History Questionnaire

Prior to your appointment for psychological testing and psychiatric evaluation this form is to be completed by the aspirant and a copy sent to the psychologist with whom you have scheduled your evaluation
DO NOT send a copy of this form to the Diocesan Office

3. Medical Examination Form

To be completed by the aspirant and physician and returned to the Diocesan Office for your discernment file. It is the responsibility of the aspirant to ensure that this form is completed and returned.

Note: Please pay careful attention where multiple copies are required.